

Latest Volunteer Opportunities



AUGUST 2008

Voice of Young People in Care

VOYPIC is a charity that works across Northern Ireland with children and young people that are in care. The mentoring project works with children between the ages of 12 - 18 years.

Working with Young People doing Befriending / Mentoring

Opportunity Description: The mentoring project requires volunteer mentors to meet a young person to provide them with additional support and a listening ear. We will provide an accredited training program and support to volunteers when they are matched to a young person. In return we ask that you give one year as a mentor upon matching, meeting your young person for 2 - 3 hours per week to participate in activities together. These activities may vary from having a chat over a cup of coffee, going to a concert or paying football. We would particularly like to hear from males who could be a positive role model for a young person. Recruiting again for this role Summer 2008

Where: The mentor and young person will decide on the activities, events and meetings they will complete (all within Northern Ireland).

Skills: The volunteer must have acceptance & respect for the mentee. Empathy & must be open and honest.

The volunteer must be genuine, an effective listener, good communicator, friendly and patient.

Restrictions: Over18

Expenses: Reimbursement of expenses - 20p per mile for use of their own car. Public transport costs reimbursed with receipts.

Cruse Bereavement Care (NI)

Volunteers required in bereavement support

Cruse Bereavement Care exists to promote the well-being of bereaved people and to enable anyone bereaved by death to understand their grief and cope with their loss. The organisation provides support and offers information, advice, education and training services.



Opportunity Description : Bereavement Support Volunteers to work one on one with bereaved people - either in person or by telephone. Training will be provided.

Skills: Listening skills, good communication skills and empathy

Where: Throughout Northern Ireland

Restrictions: Over18

About the Organisation: Adventure Leadership

Adventure Leadership

Training is a faith based charity who train people in many activities i.e. first aid, archery etc, who volunteer at cross cultural, church and community events. Eagle Creek Project is a community/family respite centre proposed to be built on donated land in the Mourne. A project with a shared future

Opportunity Description: Volunteer required to take minutes at steering committee meetings, to type up the minutes and send by email to committee members. Also to assist with the meetings e.g. making tea and helping set up room. Meetings occur monthly or bi-monthly.

Where: Various locations in North Down

Skills: Short hand and IT

Expenses: Expenses will be paid monthly or on the day of meeting - 40 per mile for travel

RSPB

Open Garden Host

About the Organisation: The RSPB is the UK charity working to secure a healthy environment for birds and all wildlife, helping to create a better world for everyone. Our conservation work ranges from education to campaigning, from people engagement to bird recovery projects.

Opportunity Description: You will be supporting the work of the RSPB and you will gain valuable experience

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028 91270486 / info@vsb.org.uk

of working with the general public and satisfaction from inspiring them to care for the wildlife in their local area. By encouraging people to feed and survey birds and have wildlife-friendly gardens, you will be contributing to bird conservation in your area. Members of the public who visit gardens are usually supportive of other 'gardeners' and will be appreciative of your garden.

By visiting gardens that are wildlife friendly and where their owners feed the birds, we hope that visitors will realise the enjoyment to be gained from watching birds. We also aim to encourage involvement in surveys such as the RSPB's Big Garden Birdwatch.

Skills: You will have a wildlife friendly garden and visiting garden birds. A feeding station for birds would be helpful. the garden needs to be accessible and safe for visitors. Outgoing personality, willing to work with public.

Expenses: Reimburse costs of public transport or private vehicle usage

North Down & Ards Volunteer Centre

Volunteer Driver

Opportunity Description: This service is funded by the Ulster Community and Hospitals Trust. The majority of requests are health and medical related, for elderly, young or vulnerable adults who would find it very difficult to get to appointments without our assistance. Volunteers must have a full UK driving license and the use of a car. Mileage expenses are reimbursed each month

Where: Throughout North Down and Ards

Skills: Full UK Driving Licence

Minimum of 1 years experience driving

Adequate Insurance Cover

Good listening and communication skills

Have a desire to help others

Be sensitive and trustworthy

Have a helpful and caring manner, with a friendly disposition

Restrictions: Over18

Expenses: Mileage expenses reimbursed monthly @ 37p per mile

Ulster Wildlife Trust

Fundraisers Conservation Volunteers

Conservation charity committed to inspiring and delivering positive action for the conservation of native wildlife and habitats throughout NI. We also work towards

the improvement and protection of the environment across NI.

Volunteering with the Ulster Wildlife Trust is a great way to make a difference in local nature conservation. Volunteering on nature reserves, at events, in the office – there are lots of other ways that you can contribute your time and skills.

Ireland Air Ambulance

Fundraisers

The new helicopter Doctor Air Ambulance Service for Ireland.

Due to lack of Government funds the service has registered as a charity to fund the 2.5million pounds needed per year, per helicopter to operate such a specialist service. The helicopters will be airborne in less than 3 minutes ready to deal with Ireland's most serious incidents. The air crew on each helicopter will consist of one trauma doctor, one paramedic, one winch operator, one co-pilot and pilot.

Age Concern Charity Shop

Age Concern aim to promote the interests and well being of older people.

Volunteers will assist staff in the general running of the charity shop - greeting and helping customers, keeping the shop tidy and helping out in the stock room

14 Central Avenue, Bangor town centre. Walking distance of stations.

No experience required - on the job training is given.

Restrictions: Over16

Expenses: Travel expenses provided - volunteers submit bus tickets or mileage sheets. If volunteer for more than 5 hours, money provided for lunch

For further information on these or any other opportunities please contact VSB:

Tel 028 9127 0486

E-mail lorraine@vsb.org.uk

www.vsb.org.uk

www.volunteernow.co.uk

Or call into our office at 91 High Street, Bangor, BT20 5BD

