



Latest Volunteer Opportunities

March
2010

Barnardo's

Creche and Saturday Club Volunteers: This club is for children and young people with a disability, and to support families with a disabled child. (Venue: Belmont Rd, Belfast)

Donaghadee Senior Citizens

Lunch Club Volunteers: help out with the club - preparing and serving lunch, chatting to people, helping out with activities (which include bingo, ballots, chair aerobics, dances etc). (Wednesdays)

Habitat for Humanity

Global Village Open Teams 2010: The Global Village experience is a journey that starts a minimum of six months before the international phase of the programme begins and finishes some 8–12 weeks after the team return. A high level of commitment is required from team members to fundraise for the trip and to attend team meetings and training as required. Habitat for Humanity NI provides training and support to ensure that every volunteer is well equipped for the experience and understands the challenges faced by the communities you will visit and the part you could play in tackling global poverty and inequality.

Guide Dogs for the Blind

Trainee Guide Dog Boarder: provide weekday 'bed & breakfast' and 'full board' at weekends to young dogs in the final stage of their guide dog training. It is an ideal role for someone who would love to have a dog but works during the day. To be considered for this role you need to live in a ground floor dwelling with a secure yard or garden with a flagged or concreted area, attend a full training session in preparation for the role and follow the vital training advice for individual dogs given by Guide Dogs' trained staff members. Because of the need for easy access to our dogs in training we prefer Trainee Guide Dog boarders to either live in close proximity to the Guide Dogs Belfast office or be in a position to drop the dog off at the office in the morning by 9.00am and collect it again before 5.00pm

Disability Matters

Survey Volunteers: gather information on entertainment establishments in the larger geographical areas of North Down and Ards by completing an accessibility survey on each on each premises. Therefore enabling information to be collated on accessibility in pubs/cafes/restaurants in villages and towns in the North Down and Ards Area.

NI Chest Heart & Stroke Assoc.

Stroke Scheme Volunteers required to assist the local co-ordinator at the weekly stroke scheme in Bangor. Stroke schemes give those who have experienced a stroke the opportunity to socialise and build their confidence by participating in activities with other people who have experienced the effects of a stroke. Volunteers help set up the venue, assist clients on and off transport and in and out of the venue safely, make and serve refreshments, assist clients to participate in activities such as bowls, quizzes, arts and crafts and outings. (Meetings take place Tuesday mornings)

Royal Society for Protection of Birds

- **Volunteer Office Co-Ordinator:** You will be part of a friendly team and help us co-ordinate other staff members to ensure we meet certain goals. This is a wonderful opportunity to make a genuine contribution to wildlife conservation.
- **Health & Safety Support Volunteer:** Do you have experience of carrying out H & S inspections in a visitor environment? Are you comfortable passing on the H & S message to others? Then you have the skills that can concretely support the work of RSPB !

Newtownards Child Contact Centre

Centre Volunteer: Volunteers will help to prepare the centre before the children arrive. Welcome families and show them around. Listen to Adults and



Children without judging advising or taking sides. Make refreshments and tidy up once the centre is closed

Northern Ireland Federation of Housing Associations (NIFHA)

Trustee / Committee members: Members of the Board should include a wide range of interests and skills. We would particularly welcome interest from individuals who can demonstrate specialist knowledge of Community Development, Property Development, Human Resources (HR), Finance, Marketing, Public Relations (PR), Lobbying or Housing Management. If you feel you can make a positive contribution to a housing association and you are able to make the time commitment, we want to hear from you.

North Down YMCA

- **Handyman** required to carry out to a good standard basic DIY chores such as painting, wallpapering, hanging pictures, shelving and gardening etc.
- **Office cleaner** also required for general cleaning duties
- **Numeracy & Literacy Volunteers - Aid learning programme participants by explaining, reviewing and discussing topics and encourage the use of IT/word processing.**
- **Harbour Project - Creche Volunteers:** help plan and implement a range of activities and experiences to promote children's learning and development.

There are many other opportunities on our database. If you have registered with us, but are not yet volunteering please contact us for more information.

Have you found your perfect match? If you are already volunteering with an organisation, please let us know so we can update our database.

www.VOLUNTEERnow.co.uk

Alzheimer's Society North Down & Ards Branch

Volunteers required to assist with **Fundraising** to help provide practical and emotional support to those with Dementia and their carers.

Forum for Action on Substance Abuse & Suicide Awareness (FASA)

Youth Engagement Volunteer- The purpose of the vehicle is to engage with youths on our streets and to provide diversionary activities and education. The vehicle will be providing services on Friday and Saturday evenings between 8.00pm and 11.30pm

Are you unemployed?

Is it proving difficult to find work? Would you be interested in :

- Improving your career prospects?
- Gaining experience?
- Developing skills?
- Trying something new?
- Building your confidence?
- Doing something worthwhile?
- Helping others while helping yourself?

WHY NOT VOLUNTEER?

Contact us for further information.

VSB North Down & Ards require **Volunteer drivers** to transport children and/or elderly clients. The service is funded by the South Eastern Health & Social Care Trust primarily for their Family & Childcare programme. The service is also used by members of the public who without us would find it very difficult to get to appointments, The requests we accept are health and medical related. Volunteers must have full UK driving license and the use of a car. Mileage expenses are reimbursed each month.

Contact suzanne@vsb.org.uk or call us on 028 9020 0862 for an information pack.

For further information on these and many other opportunities, or for a large print version of this sheet, please contact VSB. This sheet is also available on our website.

Tel (028) 9020 0862

E-mail lorraine@vsb.org.uk

www.vsb.org.uk

www.volunteernow.co.uk

Or call into our office at 91 High Street, Bangor BT 20 5BD

