

VOLUNTEER



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Latest Volunteer Opportunities for North Down & Ards (July 2010)

3rd HOLYWOOD SCOUT GROUP

Cub Scout Leader / Helper: become part of a vibrant team assisting in the planning and organising of weekly activities for a lively bunch of 8 to 10 1/2 year olds.

You will have the opportunity to learn new and valuable skills while helping the young people grow and develop in many aspects of their lives. You will help to plan and run a balanced weekly programme following the six programme areas – beliefs and attitudes, community, fitness, creative, global and outdoor and adventure – all which helps their personal development, gives them a sense of responsibility, helps them to work and get on with others and have fun. You will gain a sense of achievement doing something that's worthwhile, feel appreciated and valued whilst having the opportunity to pass on your skills and knowledge.

Group meets at 3rd Hollywood Scout Hall, 20-32 Ean Hill, Hollywood each Monday evening

TOTAL RESPECT FOUNDATION

Fundraising Volunteer /Area Fundraising Team Leader: A newly formed locally based community charity are seeking self motivated volunteers throughout North Down & Ards to help raise funds to deliver cross community projects. Projects are based around getting young people active and teaching kids to have respect for themselves and their local community in which they live. Simple things like instilling in our youth - Please and Thank You. The aim is to support and help with Transformational change in individuals and communities

TSS PROGRAMME

Minibus Driver: North Down YMCA require a minibus driver for programme participants and their children to and from North Down YMCA and various outings. Times are usually Tuesday mornings, 9am – 12pm to collect and return clients to their homes or pick up points.

MACMILLAN CANCER SUPPORT

World's Biggest Coffee Morning Internship - be a major part of one of the UK's most successful fundraising events, gain unrivalled charity fundraising, marketing, media and PR experience AND make a lasting difference to people living with cancer.

ACTION MS

Tesco Store Collection Volunteers - NI has the second highest incidence of multiple sclerosis in the world Action MS offers an extensive range of support services funded entirely through donations. You as a volunteer can make a world of difference to someone's quality of life by donating a couple of hours of your time on **Saturday 28th August** to collect at your local Tesco Store

SHOPMOBILITY NI

Unit Operative: This person will be part of a team delivering a very much used service in the Bloomfield Centre, Bangor. This will involve assisting those with mobility problems to use the service and to provide a wide range of information in relation to the service and other support for those with disabilities. Formal training will be provided and expenses reimbursed.

CLIC SARGENT

Can Collectors: Each week here in Northern Ireland two children or young people are diagnosed with cancer or leukaemia. CLIC Sargent is a children's cancer charity and we act as a lifeline keeping families together when the unexpected happens. We provide clinical, emotional and practical support to these children, young people and their families. Are you enthusiastic, organised and self-motivated? We are looking for a Volunteer Can Collector for your area.

GUIDE DOGS FOR THE BLIND

Puppy Walkers: Puppy walkers raise and care for a Guide Dogs puppy within their home environment from the age of 6 to 7 weeks of age to approximately 12 to 15 months. By carrying out this rewarding role you will be providing the puppy with a vital and firm foundation for its future career with a visually impaired person.

Main tasks:

- To raise and care for a puppy in accordance with Guide Dogs policies and procedures.
- To familiarise and socialise the puppy to many different environments and people under the guidance of the Puppy Walking Supervisor.
- To teach basic obedience commands.

The opportunity takes place in your home and socialising the puppy in the local community.

Are you unemployed?

Is it proving difficult to find work? Would you be interested in :

- Improving your career prospects?
- Gaining experience?
- Developing skills?
- Trying something new?
- Building your confidence?
- Doing something worthwhile?
- Helping others while helping yourself?

WHY NOT VOLUNTEER?

Contact Volunteer Now for further information.

VOLUNTEER NOW TRANSPORT BUDDY

Do you have one or two hours to spare a week or a fortnight? You could put this time to good use and become a volunteer Transport Buddy. Assisting older people and adults with learning or physical disabilities to make use of public transport and get out and about. Just a few hours of your time can make all the difference to someone's life.

As a volunteer transport buddy your role will be to accompany the client on a number of journeys using a variety of public Transport . Examples of outings would include shopping trips, doctor's appointments, to and from College, social clubs etc. With your support in time the client will build confidence to be in a position to use public transport independently. This is a very rewarding, flexible and diverse volunteer role. You can be matched to one or more clients depending on the time you can give.

For more information contact Jill on 028 9020 0862 or email Jill.Hunter@volunteernow.co.uk

VSB NORTH DOWN & ARDS

require **Volunteer drivers** to transport children and/or elderly clients. The service is funded by the South Eastern Health & Social Care Trust primarily for their Family & Childcare programme. The service is also used by members of the public who without us would find it very difficult to get to appointments, The requests we accept are health and medical related. Volunteers must have full UK driving license and the use of a car. Mileage expenses are reimbursed each month.

Contact Suzanne.Liddle@volunteernow.co.uk or call us on 028 9020 0862 for an information pack.

If you are currently volunteering, please let us know and we can update our records. And feel free to pass this sheet on to someone who isn't volunteering, but would like to know more!

For further information on these and many other opportunities, or for a large print version of this sheet, please contact Volunteer Now or visit our website.

(028) 9020 0862

Lorraine.Smyth@volunteernow.co.uk

www.volunteernow.co.uk

www.youngcitizens.org.uk

Or call into our Bangor office at 91 High Street, Bangor BT20 5BD

Office hours: 9am-5pm Mon-Thurs and 9-4pm Friday