

VOLUNTEER

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Latest Volunteer Opportunities for Fermanagh (August 2010)

Right Here - Fermanagh

- **Youth Workers**

This is an exciting opportunity for young men and women aged between 16-25 years to be involved in leading and directing youth work programmes across Fermanagh.

Opportunities include a Team building residential, Committee Skills, Personal Development, Media Training, involvement in Youth Programmes locally as well as maybe getting the opportunity to travel to England

Alzheimer's Society

- **Memory Afternoon Volunteers**

Develop your skills and knowledge of dementia, meet new people and make a positive contribution to the life of someone living with dementia, their carer and family. The group begins with afternoon tea and scones, spending a short time chatting and occasionally doing other activities such as armchair exercises, botchya and board games depending on the interest of the group. This is followed by some musical entertainment. (Monday Afternoon Belmore Court Motel)

Samaritans

- **Listening Volunteers**

provide emotional support for those who are in distress, or despair or have feelings of suicide. We offer confidential support 24 hours a day by phone, email, face to face.

- **Fundraising Volunteers**

Support volunteer work within Samaritans guidelines to help raise awareness of the support Samaritans volunteers offer and work on various fund raising projects to provide the money to carry out this work.

Training given and volunteers never work alone.

Praxis Care

- **Befrienders**

Volunteers required to provide support to one or possibly 2 young females so that they have the opportunity to leave the residential unit and undertake leisurely activities such as walking, shopping cinema drinks out etc. The volunteer would just be available so that residents can do activities mentioned above. This ideally would be an early evening or late afternoon to minimise disruption to their daily routine. We are interested in anyone with a particular skills e.g. arts crafts; is creative, energetic and motivated. Omagh and Enniskillen areas - Own car necessary (mileage paid)

Extra Care

- **Care/support staff**

Are you available afternoon and evenings? Gain experience in working with children and young people suffering from a range of learning disabilities. Volunteers are required to provide high quality personal care, practical support, social, leisure, and recreational activities for learning disabled children and young people in order to avert a crisis situation and to provide respite for families of children and young people with a learning disability. Training in first aid, moving and handling and disability awareness training. Own car needed.

Guide Dogs for the Blind

- **Sighted Guide Volunteers**

help blind and partially sighted people feel less isolated and become more involved in their local communities. You can encourage and support someone in a wide range of everyday activities including going for a walk, attending a sports event or going shopping. As a volunteer sighted guide and carrying out such activities you can

develop confidence and greater participation and inclusion for a blind and partially sighted person. Guide Dogs will provide you with the skills and confidence to guide someone safely and offer ongoing support as and when needed. If you have any spare time we would love to hear from you. Training given for this role

Princes Trust

• Assistant Team Leader

Assist in the recruitment and selection of a team of individuals aged 16-25 and help bring the team through a personal development programme centered on teamwork in the community. The volunteer assistant team leader will assist in the administration and facilitation of the team programme which encourages team achievements, while guiding each team member on an individual learning journey.

Circles Network

• Taking the Reins Facilitators

Circles Network is a national voluntary organisation which exists to support disabled and disadvantaged children, young people, adults and families to be included and take control of their lives

Interested? You would work directly with post primary aged young people and their families, who are isolated or at risk of isolation due to emotional and / or behavioural challenges, using equine facilitation as a means for these young people to be included in the mainstream of community life, increasing friendships, positive life experiences and development opportunities.

Work as part of a team assisting the project manager during practical Equine Facilitated Learning sessions with young people, horses and ponies and also in the reflective learning session which will follow each practical one.

Mencap

• Live Net Volunteer

Do you want to support people with a learning disability embark on a new and exciting technological adventure? Then join the LiveNet team providing a range of learning opportunities to enable children, young people and adults with a learning disability to use Information Communication Technology (ICT) to improve their health and well being, gain access to information, connect with their community achieve their full potential and most importantly have fun!!!

NATIONAL TRUST

Have the following exciting opportunities

- **Castle Coole Library Curtains** – very detailed intricate work on 18th Century curtains which need cleaning
 - **Wardens/Gardeners** at Florence Court
 - **Guides** for the House and Basement at Florence Court
 - **Guides for Carpenters Shop/Forge** at Florence Court to demonstrate the workings of the Forge or Carpenters Shop
- Training provided

Are you unemployed?

Is it proving difficult to find work? Would you be interested in :

- Improving your career prospects?
- Gaining experience?
- Developing skills?
- Trying something new?
- Building your confidence?
- Doing something worthwhile?
- Helping others while helping yourself?

WHY NOT VOLUNTEER?

Contact Volunteer Now for further information - telephone Maeve at our Enniskillen office on 6605 0000 or check out volunteering opportunities on-line by visiting www.volunteernow.co.uk

For further information on these and many other opportunities, or for a large print version of this sheet, please contact Volunteer Now. This sheet is also available on our website.

Tel (028) 6605 0000

www.volunteernow.co.uk

E-mail Maeve.Donaghy@volunteernow.co.uk

www.vsb.org.uk

Or call into our Enniskillen office at Fermanagh House, Broadmeadow Place, Enniskillen BT74 7HR